

WEEKLY MENU WEEK

	A	B	C	D	E	F	G
1	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	SATURDAY 9	SUNDAY 10
2				BREAKFAST			
3	Juice of Choice Hot or Cold Cereal Poached Eggs English Muffin Toast	Juice of Choice Hot or Cold Cereal Apple Filled Pancakes Bacon Margarine/Syrup	Juice of Choice Hot or Cold Cereal Poached Egg Wheat Toast	Juice of Choice Hot or Cold Cereal Hard Cooked Egg Sausage Links Wheat Toast	Juice of Choice Hot or Cold Cereal Scrambled Egg Bran Muffin Toast	Juice of Choice Hot or Cold Cereal Ham & Cheese Omelet Raisin Toast	Juice of Choice Hot or Cold Cereal Poached Egg Filled Long John Toast
4			Ash Wednesday- Fish as Alternate at lunch	Lunch	Fish as Alternate at lunch		
5	Meatloafw/gravy Mashed Potatoes Peas & Carrots Dinner Roll Fruit	Pot Roast Oven Brown Potatoes Baby Carrots Homemade Bread Snickerdoodle cookies	Crispy Chicken Boiled Potatoes Cauliflower w/cheese sauce Ice Cream Pumpkin Bread	Breaded Pork Chop Baked Potato w/sc Broccoli Normandy Baked Custard Dinner Roll	Cheeseburger French Fries Baked Beans Ice Cream	Lasagna Tossed Salad Bread Sticks Sherbet	Roast Turkey w/dressing Mashed Potato Whipped Sweet Potato Pumpkin Pie Dinner Roll
6				DINNER			
7	Spanish Rice Bread Sticks Tossed Salad Sherbet	Corn Chowder Soup Ham Salad on Thin Bread Red Velvet Cake	Kielbasa Potato Panckaesw/sour cream & applesauce Bavarian Kraut German Apple Cake	Macaroni & Cheese Mild Italian Sausage Asparagus Peaches	Fish Nuggets Tator Tots Broccoli Homemade Dinner Roll Mandarin Oranges	Bean Soup Bologna& Cheese Sandwich Spice Cake	Beef Barley Roast Beef & Cheese Sandwich Fruit Salad
8	Fall/Winter Menu	Week 3					
9	Coffee, Tea, Milk, Hot Chocolate, Chai Tea, and Cappiccuno available every meal			meal	March 4-10		
10	Fruit and Salad bar available every lunch and supper			Soup & Sandwich available every lunch and supper			