

Family Council Meeting Minutes

February 13, 2018 / 2:00 PM / 1st Floor Chapel

ATTENDEES:

Eva Johnsen, Anne Nynas, Lee Pedersen, Cindy Talarico, Sandra Tinsley

Staff Moderators:

Wendy Lane, Social Services; Shelly Raskovich Activities

AGENDA

Announcements

1. Welcome to returning family members
2. Influenza update: Aftenro is one of the only long term care facilities in Duluth that has not had Influenza in house. Explained about daily cleaning, resident hand washing prior to meals and the use of essential oil diffusers that help prevent proliferation of viruses and bacteria are all methods being used. Reminded family members to be good stewards in preventing Influenza at Aftenro: If you are sick then stay home until you are well.
3. Wendy announced that the Minnesota Department of Health just finished their survey at Aftenro last week. Preliminary results are overall very good, and the final results will be available to family members once Aftenro receives them

New Business

- Copy of Resident Bill of Rights were handed out and it was explained that these rights are part of the admission packet here at Aftenro.
- Discussion about whether to keep Family Council meetings monthly lead to the decision to keep the meetings on a monthly schedule at this time.

- It was suggested that Family Council meetings be posted in the elevator so that new families have a chance to participate. Wendy will make certain that meetings dates will be posted and an invitation letter will be sent out in the regular mail.
- Shayla gave a brief overview of the contents of the “Resource” tab on the Aftenro.org website. She also took a few moments to discuss our current fundraising efforts on “Brackets for Good”.
- Announced that Shelly Raskovich will be talking about understanding Dementia and helpful ways to interact with those loved ones who have cognitive decline.

Old Business/Follow up on concerns

- A follow up on the concerns for better phone access to the nurses station especially after normal business hours, weekends and holidays was discussed. Wendy explained that the current plan is to work towards a voicemail ability at the nurses’ station and perhaps have a separate prompt that could bypass the voicemail and ring directly to the nursing staff in the event of an urgent/emergent family call. It was further explained that Marti and Wendy would be talking to the telephone company about what type of options could be installed at Aftenro. This meeting would take place on 2/14/18. Wendy will report to the families at next meeting.
- The previous suggestion about having hot water for tea and cocoa be available in the sunrooms on 2nd and 3rd floor was relayed onto administration and as of today’s meeting, the 3rd floor has a water cooler near the nurses desk that has both a cold and hot water spigot. The same type of water cooler will be in place on 2nd floor near the bird room. Wendy will see if coolers can be moved to the new wing sunrooms.
- Recommendation for the weekly/monthly menu be posted on the Aftenro.org web page has been instituted. Please check for the menu under the “Resource” tab on our website. Also on the website’s “Resource” tab you can find meeting minutes, upcoming family council dates as well as website links that relate to family councils.
- At last meeting, it was requested that Aftenro somehow let families know of any new staff caring for their loved ones. Wendy did check with Human Resources and at this time there will be no employee pictures posted for public view. Wendy will continue to see work on a way to inform families of new Aftenro staff.

Education opportunities

- **Dementia education provided by Aftenro’s activities director, Shelly Raskovich. Thank you Shelly for sharing such informative information on how to relate to loved ones with cognitive impairment.**
- **Next month suggestions for education are: Healing Touch vs Hospice/Palliative Care.**

ACTION ITEMS

- Wendy will update families on plan to improve telephone communication to nurses after normal business hours. Plan for nurse line voicemail with nursing staff responsible to return calls within a reasonable time frame.
- Wendy will report on the exact placement of water coolers/dispensers on 2nd and 3rd floor.

Next Month's Meeting: March 13, 2018 2PM First Floor Chapel

MARCH AGENDA

- Announcements
- Old Business
 - Phones
 - Hot water
- Education
 - Healing Touch vs Hospice/Palliative Care
- New Business